

SAHARA FOR LIFE TRUST NEWSLETTER, 2022-23



ABOUT SAHARA FOR LIFE TRUST

"SAHARA for Life Trust" is a charitable organization that is registered with the Pakistan Centre for Philanthropy and is affiliated with charity commissions in the United Kingdom, Europe, the United States of America, Australia and Japan. The Trust's aim is to reach the unreached in health, education and social services in Pakistan's remote locations.

Abrar Ul Haq, the Trust's founder and Chairman is a symbol of human service and a globally known social worker who has been honoured both nationally (Sitaara-e-Eisaar and Tamgha-e-Imtiaz) and internationally (OIC recognized 1st ever Humanitarian Ambassador in 2011) for his efforts and outstanding achievements.

Mission & Vision

Our mission is to serve and facilitate the underserved, underprivileged and deprived population of Pakistan through the provision of quality healthcare, education and social services.

RELIEF ACTIVITIES 2022-23

After the floods that hit some areas in Pakistan in 2022, Sahara for life Trust distributed tents, food bags, medicines and also conducted free medical camps, spending approximately 50 million PAK rupees in flood affected areas including interior Sindh, Balochistan and southern Punjab.



Rehabilitation of Houses in Flood-Affected Areas

Sahara for Life Trust constructed five hundred houses (12*20 or 12*25) at flood affected areas in interior Sindh, Rajanpur, Khairpur and Larkana.



Ration Distribution Ramadan 2022-23

The Trust distributed ration to impoverished families during the holy month of Ramadan in 2022-23. This compassionate initiative aimed to provide essential sustenance to those in need, ensuring they could observe the fasting period with dignity and support.



Türkiye/ Syria Earthquake (2023)

Our volunteers actively engaged in providing assistance to the victims of the devastating earthquake in Türkiye. Our team worked tirelessly on ground, providing crucial aid to those affected by this tragic event.



SAHARA FOR LIFE TRUST'S PROJECTS AND ACHIEVEMENTS.

- 2000: SAHARA For Life Trust distributed food items & provided medical services to thousands of victims, which were displaced due to flood in Nalalai.
- 2005: SAHARA For Life Trust distributed dry food items & emergency relief aid, provided the medical services and constructed 3800 houses for victims of Earthquake.
- 2006: SAHARA For Life Trust sent a medical team to Lebanon for the provision of free medical facilities to the victims of war.
- 2009: SAHARA For Life Trust distributed food items and emergency relief aid and provided the free medical services to IDPs in Swat.
- 2010: SAHARA For Life Trust distributed food items, 20 MT edible palm oil , emergency aid and also established a tent village in flood-affected areas.
- 2011: SAHARA For Life Trust distributed dry food items and emergency relief aid, providing the medical services and constructed 1800 shelter houses for flood victims. SFLT also established school and community center in Dara Din Panah, Muzaffargarh.
- 2013: SAHARA For Life Trust distributed food items and emergency relief aid, provided medical services and constructed shelter houses for flood victims at Narowal District.
- 2013: SAHARA For Life Trust distributed 2500 winter kits with the support of Concern Worldwide-USAID among the flood victims of Muzaffrabad District of southern Punjab.
- 2013: SAHARA For Life Trust established “Pakistan Grammar International School System” at Pasrur to promote and provide the education in far-flung areas of Pakistan.
- 2015-2016: SAHARA For Life Trust established 2nd mega project, “SAHARA Medical College Narowal” with aim to cater to the healthcare needs of remote underprivileged areas by educating healthcare professionals to the highest international standards.
- 2017: SAHARA For Life Trust distributed the food items for Rohingya Migrants at refugee camps, precise and apportioned site at Bangladesh.
- 2018-19: SAHARA For Life Trust established “The SAHARA College Narowal” with the aim to start BS Programmes in different subjects and to produce well rounded graduates and employment opportunities in far-flung areas of Pakistan.
- 2020-21: SAHARA For Life Trust established “SAHARA Nursing College Narowal” affiliated with Pakistan Nursing Council, Islamabad.
- 2022: A new mega project SAHARA Cancer Hospital Narowal is now functional for the provision of chemotherapy and other comprehensive treatment.
- 2022-23: Ration distribution was conducted at flood-affected areas including Khairpur, Mirpurkhas, Ranipur, Sukkur, Bastiamdani, DG khan and relevant regions, items distributed include Home supplies, Ration, Toiletries. SFLT also constructed houses (12*20 or 12*25 ft) and organised free medical camps.

ONGOING MEGA PROJECTS:

Sughra Shafi Medical Complex

The first mega project of "SAHARA for Life Trust" is "Sughra Shafi Medical Complex Narowal", a 600 bed, ISO certified General Teaching Hospital. SSMC provides state of the art healthcare facilities in remote areas. All medical and surgical services including emergencies are offered 24/7 And approximately 5 million patients have been treated at the complex so far. In 2023, SSMC provided free treatment to approximately 500,000 patients considering all "Quality of health Care standards". The hospital's affiliation with reputable institutions guarantees that the healthcare services provided are up-to-date, and patients receive the best possible medical care. The hospital is also dedicated to providing quality education and training to its staff and students to improve their skills and enhance their knowledge.



Sahara Medical College



SAHARA Medical College (SMC), Narowal, our second project was established in 2015/16 with a strength of hundred students, This projects aims to provide quality education to students looking to join the medical profession. Our classrooms, laboratories, and clinics have been designed with the curriculum in mind. Digital interactive smart boards, Audiovisual aids, free LAN; Wi-Fi internet, in a purpose-built resource facility where students can access multiple sources of learning. The College is a subsidiary of the Sughra Shafi Medical College and assists in subsidizing the running cost of the Hospital.

Sahara Cancer Hospital

Our Cancer hospital provides free state of the art, surgical and clinical treatment to cancer patients who are unable to afford treatment. We continue to carry out research and update our equipment to stay up to date with treatment options.



The Sahara College Narowal

The SAHARA College was established in 2018 and offers Bachelor programmes in Biotechnology, Medical Laboratory Technology (MLT), Radiography and Imaging Technology (RIT), DPT, Pharm-D, Software Engineering, Computer Sciences, Information Technology BBA (hons), Mathematics, Psychology and Microbiology. The entire teaching faculty meets the criterion set.



The Sahara University

The SAHARA University envisions to have a transformative impact on society through continual innovation in education, research, creativity and entrepreneurship. The university has established its campus on an area of more than 20 acres of land and already obtained NOC from Pakistan Medical Commission (PMC/PMDC), Pakistan Nursing Council (PNC) and Pharmacy Council of Pakistan during the last six years. The entire teaching faculty meets the criterion set by the HEC.

Diverse Projects of Sahara for Life Trust

Other projects being run by the Trust include Pakistan Grammar International School System Pasrur, Sahara School System Muzaffargarh, 24 Hour ambulance services at Muridke Road and Sahara Diagnostic Research Centre.

In addition to these, Sahara for Life Trust has contributed to disaster management and other projects with the help of its national and international donors.

Sahara Relief and rehabilitation Activities

Sahara played an active and prompt role in relief activities for victims of earthquakes and floods. Sahara distributed 3500 fiberglass houses and provide medical facilities, ensuring supply of food stuff in calamity-stricken areas, AJK and KP are hallmark features and speak volumes on the contribution of Sahara in rehabilitation process.

- IDP's of Swat
- Floods in Nala Lai
- Floods in Gilgit
- Tsunami in Indonesia
- Rohingya Muslims support in Major Massacre
- Disaster Management 2022
- War in Lebanon
- Flood in DG Khan.

AFFILIATIONS WITH DONORS AND ORGANIZATIONS

- CAF (America)
- Embassy of Japan, Pakistan
- Association for Development of Pakistan
- SmileTrain Inc., New York, USA
- Concern Worldwide Rapid Fund–US AID
- Association for Development of Pakistan
- Concern Worldwide Rapid Fund – USAID
- Canada Pakistan Basic Education Project -CIDA
- Control Program in Punjab- (Pakpattan)
- Pakistan Italian Debt Swap Agreement-PIDSA
- German Newspaper : (EINHERZ FUR KINDER)

DONATION APPEAL

At Sahara for Life Trust, we are determined to improve the healthcare system in Pakistan and give quality treatment to those who cannot afford it. Our donors are the reason behind the Trust's success and therefore we request you to continue supporting us in this noble cause.

ABRAR UL HAQ



For Online Donations

www.saharaforlifetrust.org

UAN: 111-800-111

0302-4797666